




OCTOBER 2023

RIVERSIDE JUNIOR/SENIOR SCHOOL BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 French Toast Sticks with Sausage	3 Sausage, Egg and Cheese Sandwich	4 Ham, Egg and Cheese Sandwich	5 Bacon, Egg and Cheese Sandwich	6 NO SCHOOL Act 80 Day
9 	10 Sausage, Egg and Cheese Sandwich	11 Ham, Egg and Cheese Sandwich	12 Bacon, Egg and Cheese Sandwich	13 Sausage Pancake Bites
16 French Toast Sticks with Sausage	17 Sausage, Egg and Cheese Sandwich	18 Ham, Egg and Cheese Sandwich	19 Bacon, Egg and Cheese Sandwich	20 Sausage Pancake Bites
23 French Toast Sticks with Sausage	24 Sausage, Egg and Cheese Sandwich	25 Ham, Egg and Cheese Sandwich	26 Bacon, Egg and Cheese Sandwich	27 Sausage Pancake Bites
30 French Toast Sticks with Sausage	31 Sausage, Egg and Cheese Sandwich	All complete Breakfast Meals are FREE for Riverside students!		

EVERY DAY OPTIONS

BREAKFAST

Assorted Cereals
Muffins
Breakfast Pastries
Breakfast Bars
Bagel w/ Cream Cheese
Mixed Fruit Yogurt Parfait
Yogurt Cups
Crackers

FRUIT and JUICE

Apples
Bananas
Oranges
Seasonal Fruit
100% Fruit Juice

MILK CHOICES

1% Plain, Fat Free
Chocolate
Fat Free Plain

Menus are subject to change.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



This institution is an equal opportunity provider.